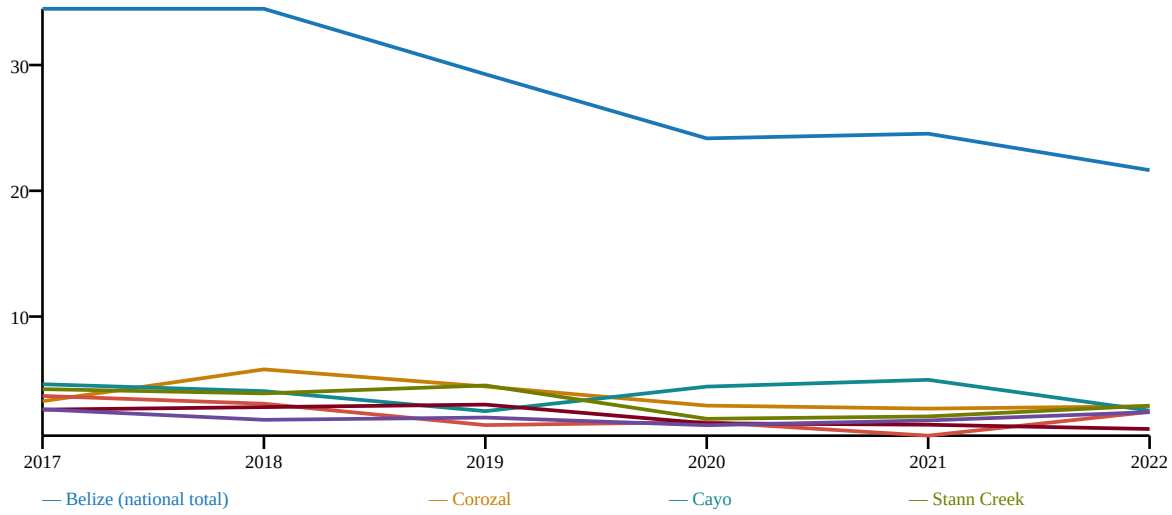
# Intentional self-harm rate

Statistical Institute of Belize · Belize Statistical Data Portal · exported 16 November 2026

Per 100,000

## Intentional self-harm rate

Per 100,000




## Data

Per 100,000

| Series | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 |
|---|---|---|---|---|---|---|
| Belize (national total) | 34.47 | 34.47 | 29.27 | 24.17 | 24.54 | 21.64 |
| Corozal | 3.27 | 5.80 | 4.44 | 2.92 | 2.68 | 2.87 |
| Cayo | 4.62 | 4.07 | 2.48 | 4.43 | 4.97 | 2.52 |
| Stann Creek | 4.23 | 3.89 | 4.52 | 1.87 | 2.06 | 2.91 |
| Toledo | 3.69 | 3.07 | 1.37 | 1.61 | 0.53 | 2.42 |
| Belize District | 2.60 | 2.80 | 3.00 | 1.51 | 1.40 | 1.06 |
| Orange Walk | 2.62 | 1.79 | 1.97 | 1.36 | 1.74 | 2.40 |

Source: Statistical Institute of Belize. Figures as published at https://new-bnss.sib.org.bz on the export date. Development data — not official statistics until production cut-over.