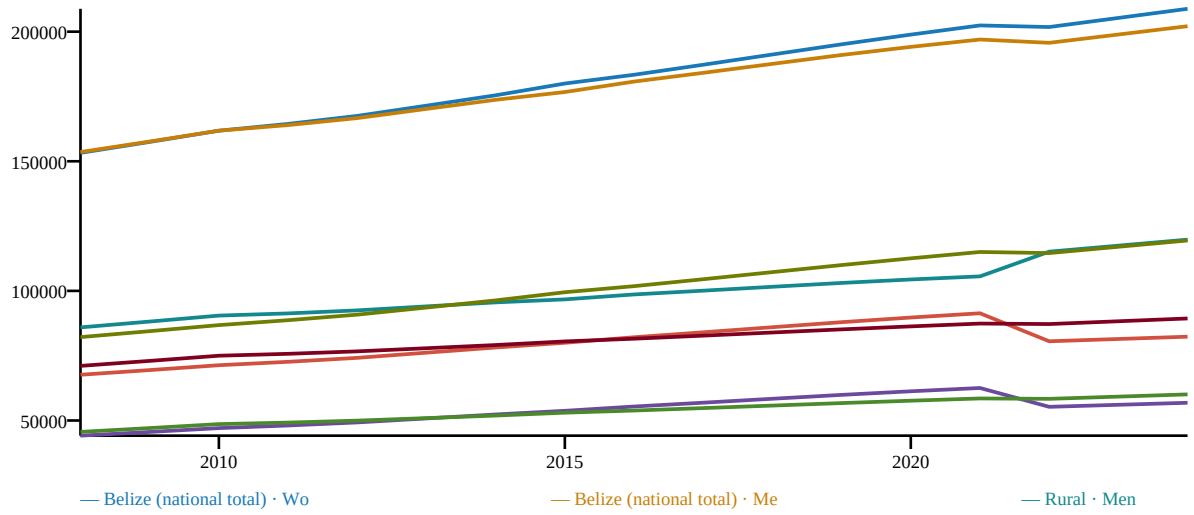
Mid-Year Population Estimates by District and Sex

Statistical Institute of Belize · Belize Statistical Data Portal · exported 16 November 2026

Count

Mid-Year Population Estimates by District and Sex

Count



Data

Count

Series	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	2024
Belize (national total) · Women	171,454	175,454	179,994	183,372	187,235	191,191	195,120	198,865	202,403	201,789	205,298	208,814
Belize (national total) · Men	170,201	173,715	176,711	180,746	184,117	187,579	191,001	194,132	196,970	195,695	198,900	202,105
Rural · Men	94,036	95,562	96,726	98,625	100,086	101,588	103,069	104,407	105,603	115,132	117,453	119,773
Rural · Women	93,567	96,338	99,484	101,824	104,501	107,241	109,963	112,558	115,009	114,584	117,015	119,451
Urban · Men	76,165	78,153	79,985	82,121	84,031	85,991	87,932	89,725	91,367	80,562	81,447	82,332
Urban · Women	77,887	79,116	80,510	81,548	82,734	83,950	85,157	86,307	87,394	87,205	88,283	89,363
Belize District · Men	50,796	52,332	53,743	55,397	56,873	58,388	59,887	61,272	62,540	55,276	56,057	56,839
Belize District · Women	50,924	51,904	53,016	53,843	54,790	55,759	56,721	57,638	58,505	58,355	59,214	60,075
Cayo · Women	40,802	42,054	43,475	44,532	45,741	46,979	48,209	49,381	50,488	50,296	51,394	52,495
Cayo · Men	39,617	40,467	41,155	42,171	42,987	43,824	44,651	45,403	46,079	48,809	49,864	50,919
Belize City · Women	30,590	31,011	31,489	31,845	32,251	32,668	33,081	33,475	33,848	33,783	34,152	34,523
Belize City · Men	28,167	28,368	28,514	28,771	28,963	29,161	29,355	29,530	29,685	30,216	30,458	30,700

Showing the most recent 12 periods of 17; the full series is in the portal and its downloads.

Source: Statistical Institute of Belize. Figures as published at https://new-bnss.sib.org.bz on the export date. Development data — not official statistics until production cut-over.