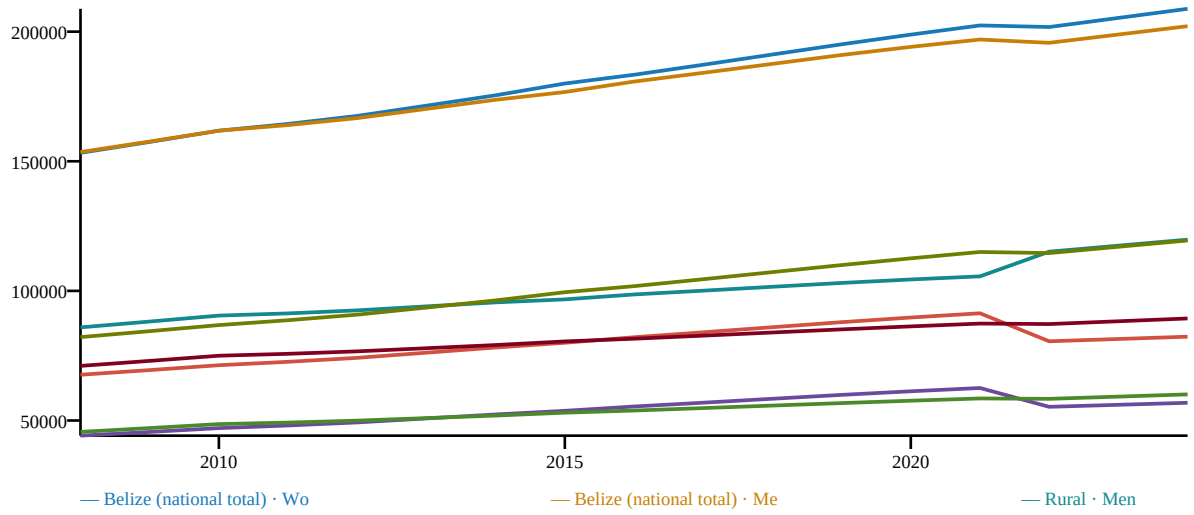
# Mid-Year Population Estimates by District and Sex

Statistical Institute of Belize · Belize Statistical Data Portal · exported 16 November 2026

Count

## Mid-Year Population Estimates by District and Sex

Count




## Data

Count

| Series | 2013 | 2014 | 2015 | 2016 | 2017 | 2018 | 2019 | 2020 | 2021 | 2022 | 2023 | 2024 |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Belize (national total) · Women | 171,454 | 175,454 | 179,994 | 183,372 | 187,235 | 191,191 | 195,120 | 198,865 | 202,403 | 201,789 | 205,298 | 208,814 |
| Belize (national total) · Men | 170,201 | 173,715 | 176,711 | 180,746 | 184,117 | 187,579 | 191,001 | 194,132 | 196,970 | 195,695 | 198,900 | 202,105 |
| Rural · Men | 94,036 | 95,562 | 96,726 | 98,625 | 100,086 | 101,588 | 103,069 | 104,407 | 105,603 | 115,132 | 117,453 | 119,773 |
| Rural · Women | 93,567 | 96,338 | 99,484 | 101,824 | 104,501 | 107,241 | 109,963 | 112,558 | 115,009 | 114,584 | 117,015 | 119,451 |
| Urban · Men | 76,165 | 78,153 | 79,985 | 82,121 | 84,031 | 85,991 | 87,932 | 89,725 | 91,367 | 80,562 | 81,447 | 82,332 |
| Urban · Women | 77,887 | 79,116 | 80,510 | 81,548 | 82,734 | 83,950 | 85,157 | 86,307 | 87,394 | 87,205 | 88,283 | 89,363 |
| Belize District · Men | 50,796 | 52,332 | 53,743 | 55,397 | 56,873 | 58,388 | 59,887 | 61,272 | 62,540 | 55,276 | 56,057 | 56,839 |
| Belize District · Women | 50,924 | 51,904 | 53,016 | 53,843 | 54,790 | 55,759 | 56,721 | 57,638 | 58,505 | 58,355 | 59,214 | 60,075 |
| Cayo · Women | 40,802 | 42,054 | 43,475 | 44,532 | 45,741 | 46,979 | 48,209 | 49,381 | 50,488 | 50,296 | 51,394 | 52,495 |
| Cayo · Men | 39,617 | 40,467 | 41,155 | 42,171 | 42,987 | 43,824 | 44,651 | 45,403 | 46,079 | 48,809 | 49,864 | 50,919 |
| Belize City · Women | 30,590 | 31,011 | 31,489 | 31,845 | 32,251 | 32,668 | 33,081 | 33,475 | 33,848 | 33,783 | 34,152 | 34,523 |
| Belize City · Men | 28,167 | 28,368 | 28,514 | 28,771 | 28,963 | 29,161 | 29,355 | 29,530 | 29,685 | 30,216 | 30,458 | 30,700 |

Showing the most recent 12 periods of 17; the full series is in the portal and its downloads.

Source: Statistical Institute of Belize. Figures as published at https://new-bnss.sib.org.bz on the export date. Development data — not official statistics until production cut-over.