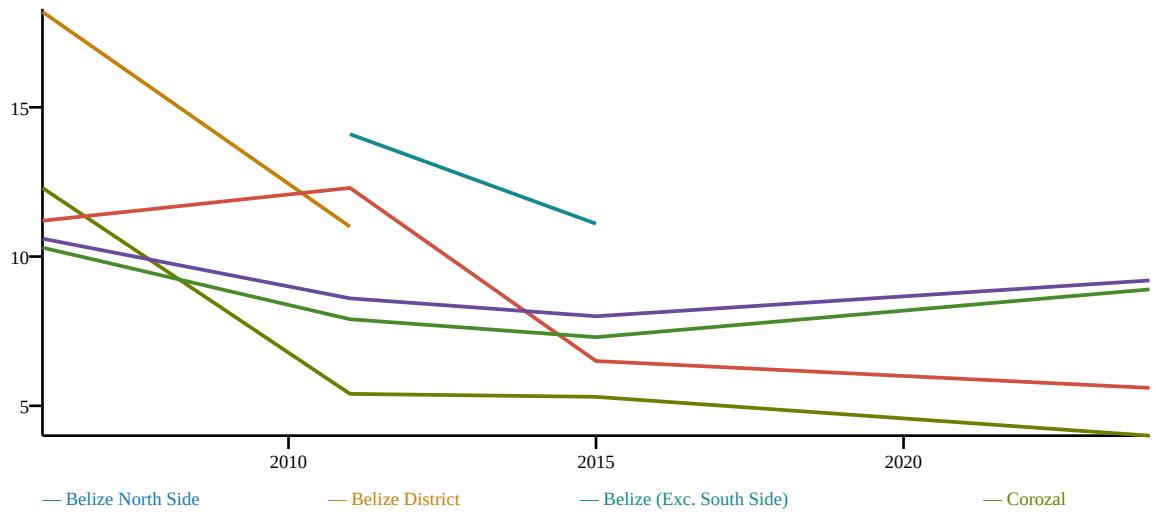
# Overweight

Statistical Institute of Belize · Belize Statistical Data Portal · exported 16 November 2026

Percent

## Overweight

Percent




## Data

Percent

| Series | 2006 | 2011 | 2015 | 2024 |
|---|---|---|---|---|
| Belize North Side | — | — | — | 18.3 |
| Belize District | 18.2 | 11.0 | — | — |
| Belize (Exc. South Side) | — | 14.1 | 11.1 | — |
| Corozal | 12.3 | 5.4 | 5.3 | 4.0 |
| Toledo | 11.2 | 12.3 | 6.5 | 5.6 |
| Belize South Side | — | — | — | 11.4 |
| Men | 10.6 | 8.6 | 8.0 | 9.2 |
| Both sexes | 10.3 | 7.9 | 7.3 | 8.9 |
| Women | 9.9 | 7.1 | 6.5 | 8.5 |
| Total | 9.1 | 9.1 | 7.5 | 8.4 |
| Belize City South Side | — | 8.5 | 9.0 | — |
| Orange Walk | 3.0 | 7.3 | 6.6 | 8.4 |

Source: Statistical Institute of Belize. Figures as published at https://new-bnss.sib.org.bz on the export date. Development data — not official statistics until production cut-over.