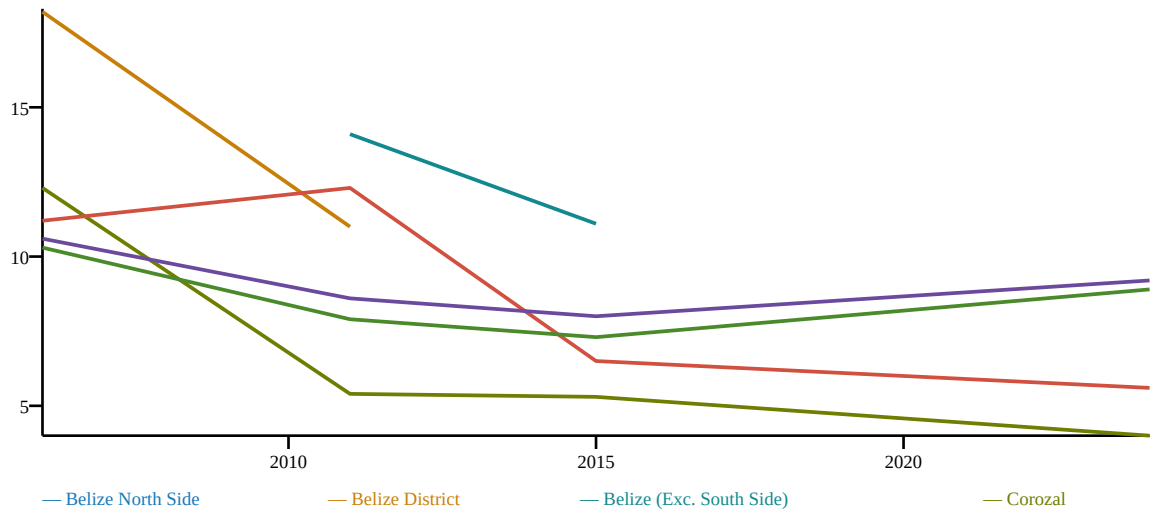
Overweight

Statistical Institute of Belize · Belize Statistical Data Portal · exported 16 November 2026

Percent

Overweight

Percent



Data

Percent

Series	2006	2011	2015	2024
Belize North Side	—	—	—	18.3
Belize District	18.2	11.0	—	—
Belize (Exc. South Side)	—	14.1	11.1	—
Corozal	12.3	5.4	5.3	4.0
Toledo	11.2	12.3	6.5	5.6
Belize South Side	—	—	—	11.4
Men	10.6	8.6	8.0	9.2
Both sexes	10.3	7.9	7.3	8.9
Women	9.9	7.1	6.5	8.5
Total	9.1	9.1	7.5	8.4
Belize City South Side	—	8.5	9.0	—
Orange Walk	3.0	7.3	6.6	8.4

Source: Statistical Institute of Belize. Figures as published at https://new-bnss.sib.org.bz on the export date. Development data — not official statistics until production cut-over.